

## grazing & sharers

<b>Garlic &amp; Herb Marinated Mixed Olives</b> (VE)	3.25
<b>Baked Camembert</b> (v) Infused with rosemary and garlic, extra virgin olive oil and with a toasted seeded gluten free roll and Tracklements™ onion marmalade	11.75

## NON GLUTEN MENU

### small plates £6.50 each

<b>Hummus Duo</b> (v) Traditional hummus, beetroot and apple hummus, with toasted gluten free bread and garnished with coriander and red pepper curls	<b>King Prawns Pil Pil</b> Baked in a chilli, garlic and parsley butter, topped with parsley and with a seeded gluten free roll and a wedge of lemon	<b>Chargrilled Chicken Wings</b> Coated in maple and bourbon† BBQ sauce and garnished with coriander
<b>Creamy Stilton Mushrooms</b> (v) Roasted flat and cup mushrooms, Clawson Stilton cream sauce, topped with extra crumbled Stilton and parsley	<b>Halloumi Fries</b> (v) Coated in smoked paprika, sweet chilli sauce and garnished with coriander	<b>Smoky Spanish Chorizo</b> Baked in sticky honey and cider glaze, topped with parsley, with a seeded gluten free roll
	<b>Curried Cauliflower Wings</b> (VE) Madras batter, topped with mango relish, chilli flakes and spring onion	

## main plates & burgers

<b>28 Day Aged Sirloin Steak</b> 17.45 Chargrilled 8oz Sirloin steak, triple-cooked chips, slow roasted beef tomato, flat mushroom, peppercorn sauce and a dressed house salad	<b>Grilled Seabass</b> 13.25 Warm quinoa salad, baby spinach, drizzled herb oil, with a wedge of lemon and topped with parsley
<b>Superfood Buddha Bowl</b> (VE) 9.95 Tenderstem broccoli, kale, roasted roots, gem lettuce, baby spinach, red and white quinoa, pomegranate seeds, topped with toasted seeds, lemon and extra virgin olive oil dressing - <b>add grilled halloumi 2.70, chargrilled chicken 3.20, grilled seabass fillets 3.70, grilled king prawns 3.70</b>	<b>Classic Burger</b> 12.45 6oz beef patty in a toasted seeded gluten free bun with beef tomato, gem lettuce, pickled gherkins, burger sauce and Maldon™ sea salt and thyme skin on fries
<b>British Cured Gammon Steak</b> 10.25 Chargrilled 5oz gammon steak, free range fried eggs garnished with coriander, triple-cooked chips, slow roasted beef tomato and flat mushroom	<b>Sweet Potato &amp; Halloumi Stack</b> (v) 10.25 in a toasted seeded gluten free bun with beef tomato, gem lettuce, pickled gherkins, burger sauce and Maldon™ sea salt and thyme skin on fries - <b>add Barber's™ vintage Cheddar, Emmental cheese, smoked streaky bacon 1.50 each</b>
<b>Chicken Skewer</b> 10.95 Chargrilled chicken fillet, stacked with red onion and red pepper with triple-cooked chips and a dressed house salad - <b>swap fries to sweet potato fries 1.25</b>	

ORDER ANY OF OUR BURGERS AND A DRINK\* FOR 12.95!

**ALL DAY MON-THURS**

pint of Rivertown, McMullen's Cask ale,  
175ml of house wine or regular draught soft drink

BURGER  
+12.95+  
DRINK

### sandwiches

Served on gluten free bread with a mug of Maldon™ sea salt and thyme skin on fries or a dressed house salad  
**swap fries to sweet potato fries 1.25**

<b>AHT Sandwich</b> (v) 7.95 Avocado, halloumi, tomato, dill oil and Tracklements™ onion marmalade
<b>CBLT Sandwich</b> 7.95 Chargrilled chicken breast, smoked streaky bacon, beef tomato, gem lettuce and mayonnaise
<b>Steak Sandwich</b> 8.75 4oz sirloin steak, Tracklements™ onion marmalade, gem lettuce and horseradish

### sides

<b>Maldon™ Sea Salt &amp; Thyme Skin On Fries</b> (VE) 2.95
<b>Triple-Cooked Chips</b> (VE) 2.95
<b>Sweet Potato Fries</b> (VE) 3.45
<b>Our House 'Slaw</b> (v) 1.95
<b>House Salad</b> (VE) 2.50 Gem lettuce, baby spinach, diced cucumber and beef tomato, red onion, red peppers, grated carrot with a lemon and extra virgin olive oil dressing

### desserts

<b>Warm Chocolate Brownie</b> (v) 5.25 Vanilla pod ice cream and chocolate sauce
<b>Green Apple Sorbet</b> (VE) 5.25 Raspberry coulis
<b>Affogato</b> (v/VE) 5.25 Vanilla pod ice cream, espresso and chocolate sauce

(v) suitable for vegetarians. (ve) suitable for vegans. (!) contains alcohol. Fish and poultry dishes may contain bones. All weights are approximate prior to cooking. All items are subject to availability. Allergen information. Non-gluten menu is available upon request. If you have any allergies or dietary requirements, please speak to our team for more information. Our kitchens contain many ingredients and so we cannot guarantee the total absence of nuts, gluten or other allergens. A full list of allergens in each dish is available for your peace of mind.  
All prices include V.A.T. Service is not included. All tips are retained by the grateful team.

